

Mark Hughes

Former NRL player, Brain Cancer Survivor, Founder of The Mark Hughes Foundation

Mark Hughes is a former professional rugby league player who played in two premiership-winning teams for the Newcastle Knights and represented NSW in State of Origin.

Mark's achievements in later life, however, have propelled him into a leader and inspiration to so many.

In 2013, at the age of 36, he was dealt the devastating blow of being diagnosed with high-grade brain cancer. Brain cancer has no cure, and treatments have not improved in over 30 years. However, out of this, the Mark Hughes Foundation was born, and to date, over 35 million dollars has been raised to help find a cure for this hideous disease.

Mark presents his life story, from growing up in a small town in the Hunter Valley and his professional rugby league career to how life changed when confronted with a life-changing diagnosis. With the promise of a few laughs as well as an inspirational story, Mark now lives a life of resilience, positivity, and presence. His mantra, "Make Today Count"—a simple life lesson—will ensure there are takeaways for any type of audience.



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