

## George Gregan AM

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***Former Australian rugby union player, teamwork expert and business entrepreneur***

George Gregan is a former Australian rugby union player, known for his tenacity, competitive play, durability, leadership and sportsmanship. It is through his life experiences and the opportunities he pursued, that he is considered not only as an athlete, but as a businessman, a motivator and a leader.



### **More about George Gregan:**

George Musarurwa Gregan was born in Lusaka, Zambia and made more appearances for his national team, the Wallabies, than any other player in the sport's history. He is respected throughout the rugby world for his tenacity, tactical skill, leadership ability and sportsmanship.

George made his first appearance for the Wallabies in 1994. He made an immediate impact for the team, making a try-saving tackle on All Black Jeff Wilson that directly led to Australia winning the Bledisloe Cup that year and is much remembered as one of the greatest moments in the Wallabies-All Blacks rivalry.

George is the proud founding member of the Brumbies professional rugby team, based in Canberra. He played Super 14 for the ACT Brumbies since the inception of that competition in 1996, helping to lead them to overall victories in 2001 and 2004.

George was named Australian Captain in 2001 and, in 2004, was appointed to the Order of Australia for his services to rugby union football as the captain of the Wallabies.

In October 2004, George announced that his four-year-old son had epilepsy and launched the George Gregan Foundation. The George Gregan foundation has raised over three million dollars and built all access outdoor playgrounds for the Children's Hospital Westmead, the Sydney Children's Hospital, Randwick, the Royal Children's Hospital, Brisbane and at the new ACT Women's and Children's Hospital. In addition to design, funding and building these playgrounds, the foundation supports a fellowship in paediatric neurology specialising in epilepsy.

Following the World Cup in France 2007, George retired from Australian rugby and joined French Club Toulon for one season. On 18 June 2008 it was announced that he had joined Suntory

Sungoliath in Japan where he played three seasons for the club culminating in winning the Japan Cup in March 2011.

Pursuing a career in high-performance sport has always been his focus, which then led him to explore other areas of the sport, health and fitness industry after he retired from professional rugby in 2011.

George is known for being a well-prepared athlete and coupled with his degree in Sports Science, led him to co-found PTP (formerly PowerTube Pro). The company's goal is to provide the highest quality fitness and recovery solutions and total body conditioning experience to Australian and global markets.

In addition to PTP, George works with executive teams around the world on leadership and teamwork strategies. He has a longstanding association with HSBC as a global ambassador and provides expert television commentary and technical analysis for Fox Sports.

His commercial ventures include a hospitality business, the Gregan Group, established in 1997 by his wife, Erica Gregan, who is the Managing Director of the business. Currently there are 10 outlets including cafes, and small bistros.

George and his wife Erica have three children, Max, Charlie and Jazz.

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