

# Dan Collins

## ***Four-time Olympian, World Champion & Performance Coach***

Former world champion and four-time Olympian, Dan Collins, works with individuals and companies to raise the bar on performance and accountability, creating winners at all levels.

Dan has spent his life dedicated to the art of excellence – being at his personal best with unwavering commitment to his goals. From preparing for big moments as an Olympic athlete representing Australia to managing elite sporting organisations across the globe, Dan’s experience gives him deep insight into the personal quest we all take to discover our best selves.

With a commitment to serving others and making a real impact, Dan, a widely respected and sought-after international speaker, doesn’t shy away from tough conversations. He rolls up his sleeves along with his clients to get to what really matters to them, lighting the path to transformation for their people and their organisation, creating inspired and accountable teams that can bring their own excellence each day and at every level.

Dan believes that winners are created at all levels and prides himself on working with leaders to create safe, challenging, and purposeful environments – that’s where excellence lives.

Dan Collins studied at Griffith University while in training as an Australian representative kayaker. He competed at the 1992 Barcelona Olympic Games winning Bronze; at the 1996 Atlanta Olympic Games winning Silver; and at the 2000 Sydney Olympics and the 2004 Athens Olympic Games. Dan Collins has also won numerous State and National Medals.

Since retiring from his Olympic quest for Gold in the sport of Kayaking, Dan’s expertise in organisational change and performance management has been in high demand. He has been a sports administrator and leader for World Rugby; Sydney Roosters; Cronulla Sharks; Manchester City; Brisbane Lions; Richmond Tigers; Carlton FC; Japan Rugby and the Australian Institute of Sport.

### ***More about Dan Collins:***

#### **Effort**

- What are the mindsets for effort



- It's not about working harder ... it's about what we put effort into
- How does it make us feel?

### Rules for Great Work

- Work is not about you
- Fulfilment comes from performance
- Embrace the spirit of competition

### Finding Excellence

- What's the alternative?
- JOY - the mindset of seeing and feeling it
- It's everywhere, in everything that we do

### Client testimonials

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“ Our leaders have been given the tools for developing a high performance environment and challenged in a way that creates new ways of thinking to realise this.

- **Mario Rehayem - CEO, Pepper Australia**

“ I witnessed Dan gain an understanding of a complex environment and then help us develop and deploy the key cultural pillars that will drive our resurgence and performance.

- **Pat McEntee - Director, Woolworths Meat Company**

“ Your steely grit and no-nonsense approach gets great results. Your catch-cry performance is the work currency and love is the home currency will be remembered and never confused, to improve our lives. Hands down a gold medal performance.

- **Linda Harding - Chair, The Executive Connection (TEC45)**

“ Dan has excellent presentation skills. He uses the floor space well and interacts with his slides to reinforce the content of his lecture. He modulates the tone of his voice at the right times to maximise the impact of the content he is delivering. The aspect of engaging the audience content and analogies was the highlight of Dan's presentation. From the outset, he captured the audience with personal as well as general anecdotes that were closely linked to the formal lecture content.

- **Griffith University**

“ Dan is very energetic and enthusiastic in his style of presentation and he always appears to be well prepared and knowledgeable on the topics. On the several occasions he has addressed

our groups he has quickly been able to connect with the audience. He uses his experience of teamwork and goal setting in a simple manner to get the audience's attention at an early stage. Dan always allows the opportunity for questions and discussion and actively encourages participants. If the discussion heads off topic he is very adept at steering it back in the right direction without it appearing to be forced.

**- Continental Tyres of Australia Pty. Ltd**

“ Dan is an energetic, easy to listen to and engaging presenter. Dan's stories of his own successes and failures were told in way that demonstrated insight and the ability to reflect and learn. I enjoyed his "no excuse" policy and will take this back to my work place to ensure we do not have a victim mentality. Dan created a comfortable group dynamic where some great discussion flowed.

**- Trilby Misso Lawyers**

“ Dan will give your team the skills to set themselves on the path to better things.

**- Ricky Stuart, NRL and NSW Origin Coach**

“ Through your coaching I have implemented in workplace a theme based on our discussions. Happy team members - happy customers. I drive recognition and reward to team members daily, creating a fun environment with the team when they are on lunch and tea breaks. I also choose my words so much better now to drive motivation and performance - it's changed my results significantly.

**- Woolworths, Mt Gambier SA**

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[VIDEO OF SPEAKER](#) 