

## Wayne Pearce OAM

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### ***Former Professional Rugby League Player, Coach and Leading Team Building Facilitator***

Since completing a Science degree at the University of NSW, Wayne Pearce has spent over 25 years researching the most effective ways of achieving and sustaining peak performance at individual and team levels.

Wayne is one of Australia's best-known rugby league identities. Born and raised in the Sydney suburb of Balmain, he played 217 first grade games with the Tigers between 1980 and his retirement in 1990.

Wayne entered the spotlight after being chosen player of the tour on the record-breaking invincible Kangaroo tour of 1982. In 1984, he was again voted representative player of the year and was awarded the prestigious Rothman's Medal as the game's best and fairest player.

Wayne captained the Club for seven seasons which included four successive Panasonic Cup finals (1985-1988) and two grand finals (1988-1989).

At the representative level, Wayne played fifteen State of Origins for New South Wales. He captained the Blues from 1985-1988 including the first ever State of Origin clean sweep in 1986. Wayne also played 18 test matches for Australia from 1982 before retiring from international Rugby League after a victorious World Cup final victory over New Zealand in 1988. During his evolving football career, Wayne completed a Bachelor of Science degree at the University of New South Wales where he focused his studies on the psychology of peak performance.

This knowledge was instrumental when he commenced a professional coaching career with the Balmain Tigers whom he guided into a merger with Western Suburbs to form the Wests Tigers. His success as the Tigers coach led to his appointment as New South Wales State of Origin coach in 1999. Wayne coached the Blues to a 3-0 whitewash over Queensland in 2000 to become the only person to both captain (which he did in 1986) and then coach (in 2000) a 3-0 series whitewash.

He has worked with a multitude of businesses across most industry sectors and his recent client list includes Suncorp, Bunnings, Optus, NSW Police Force, Commonwealth Bank, Coca Cola-Amatil, JP Morgan, John Holland Group and JP Morgan.

Wayne continues to be heavily involved in Rugby League in his leadership role as an Australian Rugby League Commissioner overseeing the whole of game governance for the code of Rugby League in Australia.



### **Wayne Pearce talks about:**

#### **Team Bonding Workshop**

Before any significant improvement in teamwork can occur, individual team members must want to work together... but this important fundamental is often overlooked. Because people are social creatures by nature, we have a genuine desire to connect with others in our team and all we need is the right environment to do so.

#### **Leadership Coaching Program**

Great teams don't automatically happen. They need to be well led and well coached. The ability to coach and nurture staff is an important ingredient in developing and sustaining improved teamwork... but many employees evolve into leadership roles without any structured or formal training on how to motivate staff and inspire team excellence. This workshop presents the latest techniques, tips and leadership insights to help you become a workplace "supercoach".

#### **Workplace Motivation Program**

Most business systems are designed from a technical view-point and the motivational perspective is rarely considered. However, motivation can only be sustained in the workplace if it's built into the business systems. In this program works with management teams to increase specific employee motivators whilst reducing the demotivators that limit productivity.

#### **Personal Resilience Insights**

We live in a world of rapid change that is unprecedented in the history of human civilisation. Without the appropriate tools to deal with such instability, people can feel trapped and experience mental health challenges. But just like physical fitness, mental fitness can be strengthened if the proper practices are implemented. Extensive research has identified the fundamental building blocks of mental fitness as a positive mindset, emotional regulation, strong social support and a connection to one's purpose. In this program, Wayne shares his insights on resilience in a highly interactive and energising session that leaves the audience inspired to practice the tips they receive.

#### **Personal Success Program**

A lot of decent, hard working men and women travel through life wondering why they don't get the results their effort deserves. Although hard work is important, effort alone won't guarantee peak performance. Personal success is a matter of knowing what, when and how to use special triggers in our life. Unfortunately much of this information is never taught in our schools or colleges. Imagine how productive your workplace would be if all your employees could realise their true potential.

### **Testimonials**

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“ I want to express a sincere thank you. Your presentation was inspirational. We have received so much wonderful feedback. A hero to many, your presence in the room and your approachable nature are only a few words that come to mind. This was CSNSW Academy’s first Brunch for the Brave to support men in corrections and thank you for making the day such a success.

**- NSW Corrective Services Academy**

“ I spent the last three days learning, appreciating and understanding how to communicate better. This is one of the most valuable and life changing experiences I've had. I met a team of amazing and inspiring people. Thank you Wayne Pearce for allowing me to come on this journey. This is a must for any business, leader or if you want to improve your life and personal relationships.

**- Construction and Business Management Consultant**

“ A personal note of thanks for your presentation at our inaugural Leader Symposium at Liverpool yesterday. All the feedback I have received has been so encouraging and praising of your involvement in the day. Your ability to connect with the audience with the right mix of personal experience, anecdotes, best practice and audience involvement was right on point. Most definitely the highlight of our event!

**- Liverpool City Council**

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