

## **Kimberley Hannagan**

## Work Smarter, Live Better Senior Coach

Kimberley Hannagan is all about working smarter rather than harder. In today's high-pressured world of competitive business, she teaches people how to take control at work, dramatically improve their performance and achieve a positive work-life balance.

One of Kimberley's great strengths lies in her ability to remain authentic while being able to vary her style to meet clients' needs and comfort levels. She is also highly sensitive to the cultural aspects of communication that can make or break any learning experience.



Kimberley is a strong advocate for building positive

workplace culture, transparent and principled communications and robust, ethical process as the road to success – in short for treating people like people.

Kimberley has been associated with Work Smarter, Live Better (WSLB) since its earliest days. Highly adaptable, she has found herself in boardrooms building approaches with CEOs and leadership teams, on the road with sales people, on site in manufacturing environments and even driving into country towns to deliver workshops to local communities. Alongside the WSLB program, her other areas of expertise and experience include leadership, mindfulness, resilience, strategy facilitation, communication and, conflict management.

Kimberley works on international leadership programs and guest lectures on MBA and postgraduate law programs. She is an associate of Cranfield University UK, one of the top 10 business schools worldwide for customised executive development. Her expertise has been honed in the banking and finance industry, with lawyers, and working with Federal, State and Local governments. She has also worked in pharmaceutical/biomedical contexts, hospitality settings, with aged care workers, in the IT and oil and gas industries, with property developers, architects, engineers and in tourism amongst others.

A natural people person, Kimberley is a lively facilitator, mediator and coach who brings to her work her passion for enabling people to get the best out of life by pursuing what is most important for them. A former student and instructor of drama and performance, she is keenly aware of making learning experiential and alive.

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## Kimberley Hannagan talks about:

- The impact of existing work habits
- The importance of aligning strategy and execution in the workplace
- The benefits of the concept of "Think quarterly, plan weekly, act daily"
- How to ensure continual focus on high impact activities
- How to make decisions and stop procrastination
- Simple practices to dramatically improve work-life balance

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