

Toni Powell

Wellbeing Wonderworker

As one of Australia's most enjoyed wellbeing and relationship speakers, Toni Powell, delivers simple, fun and science-backed ways to increase happiness, engagement, energy, wellbeing and resilience.



Renowned for her hilarious story-based talks, Toni is one of the most recognised and enjoyed positive culture and wellbeing speakers in Australia.

Failure, trauma and disaster can be a fantastic springboard. Toni's great gift is using stories and comedy to teach simple ways all of us can use to turn our pain, stress, failure and trauma into a fantastic springboard to better things.

It's amazing to find that you can overcome almost anything with a few simple tools and Toni's work is chock-a-block full of useful, easy, simple tools that actually work in real life.

She has won two international business awards for thought leadership, is the author of two books and her Goalcast talk has over 15 million views.

In a former life Toni was the founder and director of the uplifting Heart of Gold International Film Festival - an event that had a huge impact on a community, toured Australia through Hoyts, and was so successful that Toni was the subject of a heartwarming episode of ABC's Australian Story called 'Let There be Light'.

Her powerful strategies have lasting impact on both home life and workplace culture.

Toni Powell talks about:

The Yellow Car - Drive Away Stress Instantly (reducing stress)

A Ferret & The Secret to Happiness (transforming most areas of life)

The Reverberation - How Words Affect Your Brain (creating positive outlook)

Two Polar Bears & The Secret Assassin of Love (relationship building)

Testimonials

“ A brilliant, funny, and engaging presenter, Toni shares the latest research about the power of gratitude and will have you enthralled from beginning to end.

- *Quest for Life Foundation*

“ Completely infectious, inspiring and motivating. I loved every moment. Thank you.

- *BHP*

“ It's easy to come to work each day with a clock in, clock out mentality. The focus on being grateful I believe has resulted in a deeper level of care and passion for what we do, for our customers and for our products. I guess its best summed up for me when I look at the enthusiasm levels since the seminar and there has been a noticeable increase.

- *Heritage HM International Film Distribution*

“ I want everyone I know to attend.

- *SPSA QLD*

“ This 30 day challenge has been inspiring for our team that attended. To see the changes in our conversation and written communications has been truly encouraging and something that I am personally very grateful for.

- *Network Communications*

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[VIDEO OF SPEAKER](#) 