

# **Steph Tisdell**

## Actor, Comedian, Writer, MC and Keynote Speaker

Steph Tisdell is a proud Ydinji woman and a shining star of Australian stage and screen. Steph is renowned for her luminescent present on stage, her warmth, wit, and ability to talk with candour about her issues with mental health, identity, body image and her perspective on reconciliation.



Since her spot on the 2019 Melbourne International Comedy Gala for Oxfam went viral, Steph has sold-out comedy shows nationwide, appeared on Spicks& Specks, Hughey We Have a Problem, Studio 10 ,Drunk History, just to name a few.

Steph has honed her skills as a presenter on Stuff You Should Know About Australia, The Project and Australia Talks.

Since making her 'serious acting debut' as Joely McKinnon in Total Control Season 2, Stephs acting career has taken off, she played fan favourite' Phoebe' in Amazon Prime Video's 'Class of '07, has a recurring role in Bump Season 4 (Stan), appeared alongside Delta Goodrem in the feature film Love is in the Air (Netflix), just wrapped filming The Deb (directed by Rebel Wilson) and of course returns to Total Control 3 in 2024 as Joely.

#### **More About Steph Tisdell**

Steph is a highly sought-after speaker and MC.

As a seasoned stand-up comedian, her unique talent for captivating and entertaining audiences is truly exceptional.

Steph has several keynotes and thanks to her authentic and comedic delivery, her addresses are both memorable and uplifting. Delving into her personal challenges with identity and mental health, highlighting the empowering role of comedy in overcoming adversities and her perspectives on reconciliation and life as an Indigenous person in Australia, she is well-equipped to fit any event.

Steph's passion, warmth, and wit shine through, making her an outstanding and captivating MC for any event.

### What Steph Tisdell Talks About



- Mental Health
- Inspiration
- Identity
- Overcoming Shame
- Empowerment
- Leadership
- Reconciliation

#### Client testimonials

- \*\*Unafraid to jump from confronting to funny, Tisdell delivers a show that everyone can take something away from
- ArtsHub

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