

David Powell

Facilitator, Author & People Empowerment Expert

David Powell is an international life skills mentor, author, and executive facilitator. His passion lies in empowering people to achieve the success they seek in life. David is the founder of The Golden Thread and the Life Journey Skills online course.



Born in the UK, David gained a first-class honours degree in chemical engineering at Edinburgh University and worked in the resources and IT industries for 24 years, leading many teams to success.

Realizing that his passion lay in empowering people, he became a business skills trainer, facilitator, and mentor. Over almost three decades, David has helped individuals and teams in hundreds of organizations, across 30 countries and five continents to improve their lives and business performance. He has worked with many of the most well-known brands in the world – Allianz, AMP, CBA, FSA, GIO, Lloyd’s Insurance, MLC, Rothschild, Suncorp, Westpac, AT&T, Optus, Telstra, GSK, Merck Sharpe and Dome, Roche, Fujitsu, Honeywell, IBM, Placer Dome, Barrick Gold, Accenture, Ernst & Young, Jim Beam, Johnson & Johnson, London Olympics, Marks and Spencer, PWC, Thomas Cook and World Vision.

After finishing university, David spent a year driving a Land Rover overland from the UK to Australia and became fascinated with the different belief systems, religions and cultures that he encountered. These travels were the genesis for his lifelong research into history, religion, gnostic wisdom and psychology – to discover how to best empower people. The result is his unique ability to synthesise the latest scientific thinking and the ancient wisdom that sits behind all religions – to address, and inspire the whole person – body, mind, emotions and the deeper inner being.

David Powell’s sessions are inspiring and always highly practical and effective. He will undoubtedly help you to unleash the power and potential of your people. He combines humour, energy, passion and a wealth of personal experience to elicit engagement and active participation when he’s facilitating or presenting.

In his online *Life Journey Skills* course, David teaches the essential life skills that people don’t learn at school so that they can thrive at life.

Client testimonials

“ In my opinion, David is one of the best facilitators in the world. Prepare to learn, have fun, work hard and be challenged.

- **CEO, Acacia (African Barrick Gold)**

“ You completely held the attention and focus of 46 senior managers for two very full days. Truly amazing.

- **CEO, Lloyd's Insurance**

“ What an insight into how we can operate to our full potential. Everyone at the conference was very impressed and listened intently to every word of your presentation.

- **LJ Hooker**

“ David's energy, enthusiasm & commitment to the topic is infectious. Our group always appreciates his ability to provide sharp, concise concepts.

- **Ernst & Young**

“ It was FANTASTIC, exceeded all my expectations and all the attendees were unanimous in this feedback. It has re-energised all of us. David is a superb facilitator and his passion is catching.

- **Roche**

“ David is a consummate professional. I have some quite fired up delegates! He was very flexible in his approach to the project which I needed and is a very good communicator.

- **Vantis**

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