

Sue Langley

Master Trainer of Neuroscience & Emotional Intelligence

Sue Langley is globally acknowledged as a world-class facilitator, trainer and speaker who has dedicated her life to understanding and harnessing the power of human potential.



Sue is the founder and CEO of the Langley Group and the Academic Director of the Langley Group Institute.

Her passion for positive psychology, emotional intelligence, and neuroscience and her unwavering belief in individuals' ability to thrive have made her a prominent figure in the field.

Sue's innovative approach to unlocking human potential has garnered widespread recognition, including as a leading expert in the hit ABC series 'Redesign my Brain' and the award-winning documentary 'Make Me a Leader'.

Her expertise and thought leadership have taken her across the globe, where she has delivered keynote speeches, workshops, and consulting services to organisations in diverse industries. Her work has influenced leaders, professionals, and educators, inspiring them to embrace a more positive and strengths-based approach to personal and organisational development.

Through the Langley Group and the Langley Group Institute, Sue Langley has positively impacted the lives of numerous individuals, empowering them to unleash their potential and thrive. By equipping organisations with the tools and strategies to foster positive work cultures, Sue has played a pivotal role in creating environments that nurture wellbeing, resilience, and high performance.

Sue developed the world's first Australian government-accredited Diploma of Positive Psychology and Wellbeing, the first Certificate IV in Wellbeing Science and created the Positive Leadership component of the Master of Applied Positive Psychology at the University of East London. She is a Master Trainer for the Mayer-Salovey-Caruso EI Test (MSCEIT), the Strengths Profile and the Work on Wellbeing tool, and holds (among many qualifications) a Masters in the Neuroscience of Leadership.

Sue's unwavering dedication to enhancing lives serves as a powerful testament that when we prioritise human potential, we unlock a world of possibilities.



Sue Langley talks about:

Client testimonials

"Oracle Corporation has been working with the Langley Group for the last couple of years throughout Australia and New Zealand. Working with them has really helped us increase the leadership capability within our organisation, which is key to our ongoing success. What sets them apart from others in this space is their passion and knowledge of the subject, and the genuine nature of the relationships they form.

- Oracle

Working with the Langley Group has had a major impact on our organisation. They have helped us transform our culture. It's made communication flow a lot better and relationships become stronger. The changes have had direct results on our bottom line. Optimism is now a fundamental part of our culture. We are committed to the continual development of optimistic behaviours in our staff, volunteers and clients.

- Camp Quality

The Langley Group has had a massive impact on the people they trained. The communication they have with their colleagues and managers has certainly improved. It's been a direct result of their better understanding about themselves and how others act and behave.

- Zoetis

What sets the Langley Group apart from other experts in emotional intelligence is their indepth knowledge. They have a broader, deeper understanding of how to develop these new behaviours. They really tailored the program to financial advice and our business.

- Perpetual

"Sue Langley facilitated a team planning day and her approach was so different from the usual strategic business planning that the impact has been really profound.

- Public Relations Institute of Australia

We have seen a new positivity and a new way of thinking from our people, which has been delightfully surprising.

- Nuance Group

I am very excited by the prospect of applying a new type of thinking that I believe will benefit my colleagues, teams and customers as well as my family and friends. I had a lot of light bulbs



go off and the brightest for me was realising lost opportunities – how little I use my EI skills and abilities on a day-to-day basis. I can now imagine the potential for generating positive outcomes through the thoughtful and strategic use of emotional intelligence.

- Westpac
- "I got more out of the half hour I managed to see of your session than the daylong workshop with another speaker yesterday. You have a more hands on and practical approach to the issues I want training on, including how the brain works and how to best deal with 'difficult' clients. I only wish I had heard more!
- Q Invest
- "Brilliant ideas to take back, positive energy. Excellent presentation, very interactive. Grabs audience attention, very informative. Strong presence, relevant message. Exciting... I could have spent a whole day listening to Sue Langley!
- Mind & Its Potential

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