

Dr Arne Rubinstein OAM

Global Expert in Transformational Work and Building Healthy Cultures

With a wealth of experience as a medical doctor, counsellor, mentor, and captivating keynote speaker, Dr. Arne's passion lies in empowering teenagers to navigate the path to adulthood with confidence and vitality.

Dr. Arne Rubinstein is the CEO and Co-Founder of the Rites of Passage Institute and an internationally renowned expert and author. Dr. Arne has dedicated over three decades to reintroducing healthy Rites of Passage into modern society, leading a global movement that has touched the lives of more than 350,000 individuals worldwide.

His programs, training, and camps have gained recognition from major corporations and esteemed educational institutions across Australia and internationally.

Dr. Arne's influence extends far beyond his homeland. He has graced stages and facilitated leadership training in over 25 countries. In 2018, he led a gathering of 150 men from 42 nations at the European Men's Gathering, and in 2009, he played a pivotal role as a senior facilitator at the first-ever International Gathering of Rites of Passage Facilitators in Hawaii.

Dr. Arne's connection with diverse cultures runs deep. He has had the honour of collaborating with various Aboriginal groups, including the landmark Rite of Passage for Butchulla boys on Butchulla land in Queensland, reviving a tradition dormant for over two centuries.

A devoted father of two young men and mentor to countless others, Dr. Arne leads by example, inspiring individuals to embrace their unique purpose and potential. His ultimate vision is to reintroduce Rites of Passage to the forefront of society, transforming lives one meaningful transition at a time.

In 2024, Arne was honoured with the Order of Australia (OAM) in recognition of his impactful contributions to the well-being of our youth.

Dr Arne Rubinstein talks about:



Transforming culture - Build a culture that thrives

Mastering the art of building great teams is the key to achieving an inclusive culture and ultimately great results while enjoying the journey. What if, by understanding the key strategic steps, you can succeed in really bringing out the best in people.

In this inspiring and highly practical presentation you will discover:

- Practical steps for transforming your organisational culture that are research based and can be implemented anywhere and at anytime
- New ideas that will have your team prioritising connection, inclusiveness and teamwork whilst recognising that this leads to stronger organisational outcomes
- Ways to create a culture that is future ready and not just focused on maximising returns today with no vision for the future
- Creating a culture around a sense of community, inclusiveness and psychological safety

Utilising Transformational Mindsets for seemingly unresolvable challenges The secret to going beyond what you thought was possible

What if there was a way to redefine success, to genuinely tap into our internal resources and find new ways to overcome the seemingly impossible and achieve our hopes and dreams?

In this creative, empowering and eye-opening presentation audiences will discover:

- There is a way to approach defining transitional moments that will change the way you view problem solving.
- We are actually hardwired to transform situations and create incredible outcomes. We have simply forgotten how. How do we move our mindset?
- The steps required are genuinely accessible and are potentially the most valuable tool we could have at our disposal.
- How to utilise the key elements required to create lasting change.

Be a Thriving Human in a World of Technology

The world is in the midst of a massive transition that sees technology and the influence of AI taking centre stage.

In possibly the most important and inspiring keynote audiences will learn:

- The critical importance of having authentic human experiences, balance out the impact of a technological tsunami
- How to protect our children and build family practices, to avoid being overwhelmed and a sense of hopelessness
- Why and how the education system must radically change to genuinely meet the needs of young people
- How employment practices are radically changing with so much information available electronically

- Practical and proven strategies to help people thrive no matter what their age Participants will leave these presentations excited and inspired about the new and practical ways to thrive at work/school and at home.

Testimonials

“ The turnout of Middle School parents to hear Arne speak was excellent. His passion and experience was evident and the messages he delivered were clear and powerful. Arne involved the audience in a way that reinforced his messages - there was reflection, challenge and a deeper understanding was gained. He is very engaging as a presenter - his story telling blended humour with reality and compassion - and parents left the evening feeling like they had benefited a great deal from attending.

- *Brighton Grammar*

“ Arne’s work is especially relevant to the corporate arena as he has a focus on how to build strong relationships and create true work life balance. People love what he has to say and his style is highly engaging and informative as well as humorous.

- *Social Ventures Australia*

“ Arne presented to our group of over 200 women with good humour and a deep understanding of relevant issues, he encouraged us all to reflect on our own lives and relationships and definitely wanted to learn more.

- *AMA Queensland*

“ For The Man Cave, Arne and his team have been mentors, business advisors and a reliable sounding board that has helped our business achieve significant growth the past few years. We've impacted thousands of young men, parents and teachers across the country, grown our team exponentially and received global recognition for our best practice programs.

- *The ManCave*

“ As the Executive Chair of one of Australia’s largest Impact Investment groups and the Managing Director of Small Giants I am constantly looking for ways to improve and transform personally and to create opportunities for those in my team. I have worked with Dr Arne Rubinstein for nearly 10 years now and attended his Rites of Passage Leadership Training which I also then sent my CEO and multiple members of my team to. His work has had a profound effect on everything we do and I cannot recommend it highly enough for anyone in a Leadership Role in whatever format that may be.

- IIG

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