

Luke Kennedy

Motivational Speaker, Author and Mental Health Advocate

Building resilience, overcoming negative beliefs, getting the spark back for life and job roles, and connecting better in relationships for stronger collaborations.



Luke Kennedy is Australia's most sought after Motivational Speaker, International Best Selling Author, Successful Business Owner, State Champion Boxer, Mental Health Advocate, and Mentor to Troubled Youth.

His journey from addiction, crime, and self-destruction to success, resilience, and purpose is one of remarkable transformation. Once trapped in a cycle of drugs, violence, and self-sabotage, where he was stabbed twice and faced death multiple times. Luke turned his life around through an unshakable commitment to personal growth and radical ownership. His journey to becoming a motivational speaker is one of remarkable transformation.

Now, he shares his raw, emotional, and deeply relatable story to inspire audiences of all ages and backgrounds—whether it's students, educators, business leaders, parents, prisoners, or corporate teams.

After turning his life around through an unwavering pursuit of personal development and mindset shifts, Luke became a successful business owner, bestselling author, mentor to troubled youth, and one of the most requested motivational speakers. Being on the streets for many years and now working with big organisations has given him the opportunity to get to know a broad range of people and see what works and a lot of what doesn't work.

Luke's message resonates powerfully across all demographics. He has a unique ability to make audiences laugh, cry, reflect, and take action - a skill that has earned him praise from corporate leaders, educators and students.

Luke Kennedy Talks About

Corporate Topics

- Build unshakable resilience
- Overcome negative beliefs and self-doubt
- Reignite their passion for life and work
- Improve relationships for stronger connections and collaborations

- Prioritise mental health and overall well-being
- Be Stronger Leaders
- The power in taking complete ownership

Student Topics

- Build unshakable resilience
- How to be yourself & stop worrying what people think
- Understanding labels & overcome negative beliefs and self-doubt
- Bullying
- Mental health and overall well-being
- Be Stronger Leaders

Testimonials

“ After almost 20 years in education, Luke is the most inspiring speaker I've heard.

- *Teacher, Cessnock High School*

“ Speaking with my colleagues after Luke's talk, everyone couldn't stop raving about Luke & his unique difference compared to the 1000's of motivational speakers & self-help gurus out there that try to motivate & inspire teams to higher performance or a greater life - For me he's THE BEST speaker I've seen & would have no hesitation in recommending him to anyone.

- *McGrath Real Estate*

“ Luke was one of our keynote speakers at B-xponential, a business event with over 500 attendees. From the five keynotes on the day, Luke received overwhelming and sensational feedback. The audience raved about the content, delivery, and message from Luke. An absolute inspiration and such an incredible way to open the event. As founder and CEO of Bx, we hold numerous events for business owners and work with numerous speakers at our events. Luke is 100% the real deal. His journey, story, and approach is authentic, and this is why he connects instantly with every audience member. We will be working with Luke again, and again, and again!

- *BX Networking*

“ Luke's the best speaker we've seen.

- *ANZ*

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