

# Yumi Stynes

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## *Broadcaster, Writer & Speaker*

Yumi Stynes has been working in Australian media for more than two decades, first as a music reporter, arts reporter and interviewer, to working now as a writer and authority on sex education, consent, women's issues, food and art.

She is the face and voice of the hugely popular ABC podcast, 'Ladies, We Need toTalk', 'I Heart Trivia' on I Heart Radio, the interview-based podcast 'SEEN' on SBS, and the popular food podcast '5 Minute Food Fix'.

Yumi is the co-author of the acclaimed 'Welcome To' book series which shot to fame (and best-seller lists) in 2023 when right-wing homophobic activists tried to have 'Welcome to Sex' withdrawn from sale.

She also released a spin-off cookbook from her food podcast in 2023, called The Food Fix.

An accomplished MC, facilitator and interviewer; Yumi's recent hosting work includes the 2023 Sydney Writers Festival 'Great Debate', the Newcastle 'New Annual' Multicultural arts and music festival in 2023, She Leads Conferences. Yumi regularly hosts Art After Hours at AGNSW, has given keynotes at the Rural Sexual Health Conference, Women in Leadership Symposium, QLD Librarian's Conference and NSW Western Region Primary Principals Association.



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