

# Rob Redenbach

## ***Helping Leaders Embrace Change and Build Resilience***

From protecting aid workers in the Middle East to performing stand-up comedy at the Edinburgh Fringe, Rob Redenbach draws on his unique experiences to provide actionable tools for embracing change and building resilience. By adapting personal protection strategies to leadership and everyday life, he has coached high-performing teams in more than 20 countries.



Rob has also delivered sold-out talks at the Sydney Opera House, sharing practical lessons on leadership, resilience, and adaptability. His journey to this iconic stage was set in motion decades earlier.

While managing a security company in Papua New Guinea, Rob developed a defensive tactics system that he taught to the FBI in Los Angeles. The system was later featured in the official journal of the U.S. National Tactical Officers Association. He went on to teach it to Special Forces in the United Kingdom and Nelson Mandela's bodyguard team in South Africa. This success led Rob to provide close personal protection to aid agencies in Iraq and become a regular commentator on Channel 7's *Sunrise*.

Expanding beyond these domains, Rob earned a Master of Arts from CSU, studied mediation at Bond University's Centre for Dispute Resolution, completed executive education at the Harvard Kennedy School, and collaborated with internationally respected leaders—including the authors of *The Resilience Shield*.

Rob's versatility extends to writing and narrating the theme reel *Write The Script*, which challenges viewers to rethink the patterns shaping their choices.

Like his book *Always a Little Further*, Rob's presentations empower leaders and teams to face adversity with courage and a renewed sense of purpose.

### ***Rob Redenbach talks about:***

Rob's material can be delivered as stand-alone keynotes or combined as one interactive workshop. His content focuses on:

- Adaptability & Resilience

- Teamwork & Collaboration
- Trust & Cooperation
- Communication & Influence

### **Leadership Without Rank**

True influence isn't about authority—it's about earning respect and trust. Leadership Without Rank challenges the outdated notion of pulling rank, providing a practical framework to cultivate influence, inspire collaboration, and advance professionally. Through compelling real-world examples and actionable strategies, Rob equips participants with the tools to lead effectively—regardless of title.

### **Write The Script**

Write The Script challenges audiences to break free from complacency and group conformity—forces that trap individuals and teams in rigid, unproductive routines. Bringing to life key lessons from Always a Little Further, Rob provides practical tools to foster adaptability, take ownership, and drive meaningful progress. As Unilever's Global Chief of Transformation put it: "Rob's idea of scripts, and how to adapt them to meet changing needs, is particularly important."

### **Stress is Not The Problem**

Eliminating stress isn't the key to resilience—balancing high performance with intentional recovery is. In Stress is Not The Problem (the problem is a lack of recovery), Rob introduces a practical framework built around four key areas—Mind, Body, Social, and Global. Through this lens, his interactive facilitation creates an open dialogue that engages teams, sparks reflection, and drives action.

### **Storytelling for Leaders**

Storytelling isn't just a skill—it's a leadership advantage. Storytelling for Leaders goes beyond public speaking tips, offering an interactive team-building experience that equips leaders with the ability to connect, influence, and empower. In a supportive environment, participants gain practical tools to craft compelling narratives, communicate with confidence, and lead with authenticity—turning everyday interactions into opportunities to inspire and drive action.

### **Client testimonials**

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“ The way Rob interacted with our team of 350 staff was tremendous. You could have heard a pin drop from the time he walked on stage until his closing. The feedback post his presentation has been first rate . . . humorous, great message, entertaining, real . . . all very positive. We really enjoyed his involvement.

- **NAB**

“ Rob immediately hit the ground running, capturing and holding the group's attention from start to finish . . . not bad considering the broad demographic in the room. Rob was effectively able to deliver his address drawing in parallels to our market with a blend of humour and his own inspiring experiences.

**- Dunlop Foams**

“ Our entire team loved Rob's Streetwise Leadership workshop. It was an invaluable reminder to all of our managers to constantly re-evaluate their attitude and behaviours and most importantly to avoid complacency.

**- The WorkPac Group**

“ Redenbach's workshop was a first-class introduction on how to manage both organisational and personal security and has helped our organisation identify threats and manage risk more effectively. Highly recommend.

**- IAM Afghanistan**

“ Rob is one of those few presenters who can entertain, inspire and educate an audience . . . simultaneously!

**- Lumley Life**

“ The passion, commitment and real-life experiences Rob outlined can be directly incorporated into our business to make a DIFFERENCE!

**- Pioneer Construction Material Pty Ltd.**

“ The team found the content interesting, enjoyable, and most importantly, valuable. Most were surprised by how (as salespeople) they could relate to, and gain value from, something a 'trained killer' had to say! If anyone is looking for a keynote presentation which has valuable messages, I would not hesitate to recommend you.

**- Interactive Pty Ltd**

“ Rob Redenbach's presentation was by far one of the more inspiring and impactful messages delivered to our team in a very long time. Rob's opening immediately caught the attention of our 120 delegation and with ease he successfully opened the door to his world. His message delivered great focus on the importance of thinking out side the square, emphasising the importance of adjusting, adapting and achieving our goals and missions through thinking differently and working smarter. Rob's interaction with delegates intensified his presentation, making the experience real. His personable nature and professionalism is definitely a key element to making his presentation memorable and meaningful. Thanks Rob for a job well

done - and for opening our eyes to the bigger picture!

**- LG Electronics**

“ Rob Redenbach's facilitation allows the learning process to unfold at a rate paced to the individual and the team, creating a unique connection between learning outcomes and their application within the business environment. I personally commend Rob to organisations seeking to redefine their leadership courage in today's fast-paced commercial world.

**- BIS**

“ We just completed the YPO-WPO Global Leadership Summit, in which Rob was a speaker. On an agenda filled with the 'best of the best' from around the world, Rob provided a unique and compelling session, and left the audience wanting more. I would highly recommend Rob as a speaker for any senior level audience, and would work with him again whenever given a chance. In addition to effective, he's a great guy, friendly and easy to work with.

**- The Learning Studio, Inc.**

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[VIDEO OF SPEAKER](#) 