

Sally Callie

Triple Olympian, Stroke Survivor and Inspirational Speaker

A triple Olympian rower who truly understands the power of mindset. She suffered a stroke following neurosurgery, but with determination and drawing on the strategies she'd learned as an elite athlete, recovered her fitness.

Today Sally Callie is a coach, science teacher and mother. She is also a member of the Queensland Olympic Education Commission and a committed disability advocate.



An inspirational speaker, Sally delivers powerful, heartfelt, and meaningful messages about how we can all change our mindsets to meet life's challenges.

Sally challenges audiences to look at their world from a new perspective and think differently about how our decisions in life form our attitude and success, despite the obstacles life presents. Audiences are left with an understanding of how important it is to make the most of every opportunity, regardless of circumstances.

With a distinctive outlook on life, she presents powerful, practical strategies and take-home messages capturing her experiences from three Olympic Games and then how she transferred those skills to get back on her feet after debilitating brain surgery followed by a stroke. She plays her hand like a true champion, turning threats into opportunities, and establishing a firm mindset that will inspire her audience.

Sally inspires, entertains, captures and engages with her audience.

Sally Callie talks about:

From Stroking The Boat To Stroking The Mindset

Sally presents to communities, schools and women's symposiums, highlighting the importance of tapping into inner strength, making positive choices, and finding purpose.

Through her own adversity, she gives your audience the emotional boost they need, but will also arm them with the practical strategies and take-home messages to translate what they have learned into measurable improvements in their own lives – whether it's the workplace, the

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marketplace, a sports arena or the schoolyard.

Every End has a New Beginning

Sally presents to university and school students, capturing the intent of your school mission statement in order to enhance and enrich the school community.

Sally shares her charmed and adventurous life so far and gives examples of the many pathways taken and many achievements attributable to what was learned during her time at school, in an environment similar to yours that supported ambition and nurtured talent and drive where hard work, passion, compassion, resilience, and curiosity are a foundation.

She emphasises with graduates that if things don't go the way you imagined, know that with the adaptability and resilience that you have learnt in your time at school, you are still destined to prevail.

From Stroke to Stroke: Perspective From the Bed Rails

Sally presents to university students and those working in the medical field, in a presentation that captures the importance of improving the health provider/patient relationship through language that inspires, empowers and connects.

Client testimonials

⁴⁴ Sally is a speaker who will inspire and move any audience, she kept our 400 Graduation Ceremony recipients glued to their chairs with such a powerful and inspiring story. Sally is a truly remarkable achiever and human being. Sally spoke directly to the students, gave them a sense of their future, purpose, hope, and aspiration while affirming and linking this to the values of our University. She offered humour, made us think and had a strong message to our leavers which resonated with hard work, passion, resilience and curiosity.

- The University Of South Australia

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