

## Mike Rolls

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### ***Survivor, Author, Keynote Speaker & Workshop Facilitator***

Mike Rolls is a survivor who loves nothing more than to speak and inspire people to make life-changing decisions for positive outcomes. He is a powerful reminder of the importance of resilience, positivity and goal setting.

An inspiring keynote speaker, Mike's philosophy is that by amputating dead weight, we create greater scope for happiness and success. That philosophy comes from experience

In September 2001, Mike had the world at his feet. He was in high spirits and on his way to an annual football trip. But little did he know he would be struck with meningococcal septicaemia towards the end of his trip, leaving him unconscious for five weeks. The infection spread throughout his body and doctors gave him a five per cent survival rate.

Mike had both of his legs amputated below the knee, along with two fingers on his right hand. Today he survives, and thrives with two bionic legs, along with a tonne of resilience and positivity.

With a background in the health industry, Mike is a qualified counsellor, and a highly skilled communicator. A successful author, his book *Ditch the Dead Weight* shares his incredible story and offers a refreshing alternative to dealing with the challenges that life throws at us!

In demand as a keynote speaker and workshop facilitator, Mike combines raw, real life adversity, with extensive research on the topic of resilience. His presentations challenge, educate, entertain, and inspire. In doing so, they arm people with a proven system of thinking and acting that allows them to quickly overcome even the most challenging of personal and professional obstacles.

Mike gives organisations the strategies and confidence they need to face the challenges of business with a new sense of optimism and understanding.

### ***Mike Rolls talks about:***

**Stand Tall:** Adversity is a part of life, it's not a question of if you will face challenges, only a



question of when. The real question is, how will you respond when significant challenges comes along? During this keynote, Mike discusses the art of strong decision making, how to step into change and how to shift from being selfish to be selfless.

**Prepare, Survive & Thrive:** Mike's personal account of facing death, overcoming tremendous odds, and how we can use adversarial experiences as a springboard into a life of greater meaning and deeper personal success.

**Walk Your Talk:** Mike reveals his personal account of facing death and overcoming tremendous odds. In the process, he teaches us how we can strengthen and increase our ability to reach lofty goals, how to handle setbacks and embrace challenges.

**Amputate Dead Weight:** Mike discusses his personal experiences with amputation and how the thought process of these experiences can apply and positively benefit each of us in everyday situations. This keynote delivers Mike's very own formula of simplification that leads to greater personal and professional success.

## Client testimonials

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“ Our FY22 event kicked off on Friday with a core theme of team wellbeing is at the centre of our strategy, which Mike spoke to. I could not have imagined the amazing reaction to Mike's message by the team! The feedback during, via chat and post Mike's message has been overwhelming upbeat and positive. Mike's story of resilience and thriving through significant personal adversity was on point for where we find ourselves in trying to thrive rather than cope during the impacts of the pandemic. Mike spoke in such an engaging way that we were captivated by his journey, his sense of humour came through and he had some members of the team crying one minute and laughing a few minutes later. Mike left us with a lot to think about and great hope for what lies in the exploration and commit phases of change. I would recommend Mike's message highly for any person or organisation struggling with change and trying to adapt to our new world. I would love to engage with Mike down the track in a follow up with the team. Thank you Mike - your message made a real difference to me and the team!

- *Data#3*

“ I was really impressed and moved...I found myself sharing the message 'Amputate Dead Weight' - inspirational!

- *Hester, Melbourne*

“ Your calm, humorous and understated approach engages those that you meet and belies the enormously strong and resilient person that you clearly are... Your story brought many of us back to the reality that we are and we can be whatever we want to be. Faced with very significant challenges, you chose to fight to overcome them and you are pressing on to pursue your hopes and your dreams.

**- Kay & Burton Real Estate**

“ Our students were engaged with Mike’s presentation and were constantly focused as he relayed his story. The honest and open anecdotes of his life experiences contained clear messages of resilience and optimism in the face of adversity. Our students took away with them amazing life lessons from an amazing, courageous person.

**- Emmaus College**

“ CPM recently asked Mike to present to our team of national client service professionals. Mike’s presentation really hit the mark with each and every member of the team learning to practice resilience, be curious and accept the challenges life sometimes serves up.

**- CPM Australia**

“ Mike Rolls was AMAZING!! I could have listened to him all day, what an amazing guy. Mike Rolls was INCREDIBLE . One of the best speakers I have heard.

**- Healthcare Australia**

“ Guest speaker Mike Rolls' story was awesome - very encouraging and empowering.

**- Hester, Perth**

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