

# Human Elevation with Colleen Callander & Shannah Kennedy

## *Two Women, One Mission, Elevating Humans*

Shannah and Colleen are two of the most dynamic keynote speakers and thought leaders known for their expertise in leadership, health and well being, and high performance. In their High Performance Living keynote presentation, they will energize, educate and empower you to develop a sense of purpose and direction. You'll learn sustainable strategies and foundational practices in leadership, health, well being, and self-care to excel in all areas of your life, personally and professionally.

Get ready for a transformative experience that will inspire you to achieve optimal performance.



## **THE POWER OF TWO**

### **THE CEO - COLLEEN CALLANDER**

Former Sportgirl / Sussan CEO

20 years in retail

Author 'Leader by Design'

Founder of Mentor Me Program

*Plus*

### **THE COACH - SHANNAH KENNEDY**

High Performance Life Coach

20 years a Master Life Strategist

Wellbeing Specialist

X7 Best Selling Author-'The Life Plan' + 'Plan B'

## *What Colleen and Shannah speak about*

### **Leadership and Management**

- Mastering Self-Leadership and Building a Foundation for Success
- The Power of Self Leadership and Playing a Bigger Game

### **Health and Wellbeing**

- From Exhaustion to Empowerment - Overcoming Burnout
- Elevating Your Performance: The Self Care Solution

### **High Performance Living and Personal Development**

- Build your Personal Masterplan for High Performance Living - Unlocking Your Full Potential
- The Pathway to High Performance and Personal Growth

### **Testimonials**

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“ The HUMAN ELEVATION workshop gave me the time to breakdown the different areas in my life that need more focus and set clear goals for the future.

- *CEO and Co-Founder Be Fit Food*

“ Shannah and Colleen exceeded expectations! They delivered with passion, empathy and conviction a bespoke program that packed a punch with high performance living life hacks. Informative, entertaining, educational, authentic & practical. Shannah and Colleen delivered high performance information that inspired staff to take immediate action to ELEVATE.

- *CEO Complete Skin Clinics*

“ Informative, Practical, Inspiring - what a dynamic duo! Highly recommend for any organisations wanting to elevate their employee engagement and retention.

- *Chief Supply Chain Corval Group*

[VIEW SPEAKER'S BIO ONLINE](#) 