Jessica Fox OLY

Olympic Paddler & Speaker

There aren't many athletes who can lay claim to being the greatest of all time in their sport by the age of 30. If she weren't so humble, Jess Fox could do just that.

The most successful paddler (male or female) in history, Jess has a long list of achievements including 51 World Cup gold medals, 10 World Championship titles, and 3 Olympic gold medals (a total of 6 Olympic medals across four Games).

Born in Marseille, France, Jess moved to Australia at age four. With an elite paddling pedigree, her parents, both accomplished paddlers, inspired her passion for the sport. Coached by her mother, Myriam Fox-Jerusalmi, a bronze medalist in K1 at the 1996 Atlanta Olympics, Jess quickly rose through the ranks, joining the national junior team in 2009. Her early career was marked by four junior World Championship titles, eight under-23 world titles, and a Youth Olympics gold medal.

Jess made her Olympic debut at 18, winning silver in K1 at the London 2012 Olympics. Four years later, she secured a bronze in K1 at the Rio 2016 Olympics. However, it was at the Tokyo 2020 Games where Fox underlined her greatness when she won gold to become the C1 Olympic Champion. Earning the headline 'Australia's Golden Girl' Fox also won the heart of the nation. Her technically flawless performance, without a single-time penalty, led to what was hailed as one of Australia's greatest Olympic moments.

In July 2024, Jess cemented her legacy at the Paris 2024 Olympic Games leading the Australian Olympic Team as Flagbearer and claiming double Olympic gold. First up was the K1 event. In an exhilarating final, racing in eighth position out of twelve finalists, Jess maintained the fastest time (96.08) as she waited to watch seven athletes proceeding her. After chasing gold at the previous three Olympic Games, Jess had finally secured that elusive K1 gold in Paris and became the only Australian to win four consecutive medals in the same event. Just days later, she defended her 2020 title, to again become C1 Olympic Champion.

These achievements bring Jess's tally to a historic six individual Olympic medals, propelling her into the upper echelon of Australia's most successful athletes of all time. To finish of her most successful Olympic Games, Jess was one of four athletes globally to be elected to the International Olympic Committee's (IOC) Athletes' Commission where she will serve an eight-year term leading into the Brisbane 2032 Olympic Games.

In addition to her athletic achievements, Jess has completed a Bachelor's degree in Social Science Psychology and is currently studying her Master of Business Administration through Griffith

University.

VIEW SPEAKER'S BIO ONLINE

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