

Millie Boyle

Australian Wallaroo/Australian Jillaroo

Millie Boyle is a dual-code international for the Australian Wallaroos Rugby Union and Australian Jillaroos Rugby League teams.

Hailing from Cobargo on the New South Wales south coast, Millie was born into a rugby league family, with her father, uncle, older brother and cousin all playing in the National Rugby League.

Excelling across all sports as a child, Millie played Rugby League from U6's - U12's before switching to Rugby Union in high school.

Without a women's club team nearby, Millie would make a seven-hour road trip to Canberra each week just to train and play. This commitment ultimately paid off, with selection to the Australian U17 team which competed in the World School 7's Tournament in New Zealand.

Soon after graduating high school Millie was selected to Australian Wallaroos, debuting as a 19-year-old against England in the Four Nations. Later that year she was the youngest player selected for the Wallaroos' campaign at the 2017 Women's Rugby World Cup in Ireland, where she dominated at lock and blind side flanker as the team's vice-captain.

In 2018 Millie accepted a scholarship to attend Bond University, making an immediate impact across 7's and 15's, which ultimately led to a contract with the Queensland Reds.

In 2019 Millie made a decision to return to her Rugby League roots while juggling her ongoing Rugby Union commitments, and what followed was a year unrivalled by any footballer in the country. Representing the Queensland Reds and Australian Wallaroos in Rugby Union, as well as the Brisbane Broncos, New South Wales Blues and Australian Jillaroos in Rugby League, she won virtually every title on offer, cementing herself as a bona fide star.

In 2022 Boyle took her career to even further heights, winning the Brisbane Broncos Player of the Year and Dally M Medal for best NRLW player before generating headlines across the country as a marquee signing for the Newcastle Knights, who she led from the bottom of the NRL competition to their maiden Premiership. Concurrently, she starred on (and finished) popular reality television show SAS Australia, all the while working tirelessly implementing Trainer Group education programs for people with disabilities across various professional sporting organisations.



Still in her mid-twenties, Millie has developed into the best and most recognisable player in the NRLW, a unique and incredibly privileged position.

Away from the field she is intelligent, personable and highly likeable – Australia's # 153.

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