

# Tristan Miller

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## ***Record-breaking running man, inspirational speaker***

In 2010, Melbourne man Tristan Miller entered the record books when he became the first person to complete 52 marathons in 52 weeks.

He had sold virtually everything he owned to fund his \$120,000, 42-country, globe-trotting marathon, which included all seven continents. Along the way, he clocked up more than 260,000 kilometres in the air and raised funds for charities UNICEF and Facing Africa.

During his courageous - or insane, depending on your point of view - and epic journey, Tristan ran in all the major international marathons, including New York, London, Berlin and Tokyo and also found himself in Rwanda, Mongolia, Siberia, Morocco and Northern Island, Cuba and the Cayman Islands, to name just a few. He even ran across the frozen fields of Antarctica.

Tristan had started running six years earlier following a divorce. He found that running long distances gave him a sense of achievement and the courage to try other things he had never previously dreamed of doing. The catalyst came in 2009 when his employer, Google, closed its Melbourne office during the global financial crisis. With no attachments, he decided to go and see the world.

Tristan Miller is a dynamic and engaging speaker and is articulate and friendly. His inspirational story and amazing achievements keep audiences engrossed and show how a 'regular guy' can do incredible things with the right motivation. Tristan will soon have you re-assessing your professional and personal goals and seeking newer and bigger challenges in life.

Of course there are all the travel adventures, but Tristan's story is also one of great personal discovery. Both his website [www.runlikecrazy.com](http://www.runlikecrazy.com) and his Facebook page have thousands of avid international followers, eager to follow his latest exploits.

### ***Tristan Miller talks about:***

- Embracing change
- Inspiration
- Triumph against all odds



- Harnessing goodwill of the masses by providing the journey
- Challenging yourself to lift, no matter how high the wall, or how big the goal
- Social network engagement

## Client testimonials

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“ (Tristan Miller’s) inclusion in the evening became a huge drawcard and his presentation – complete with video clips, photos, medals and numerous anecdotes – was exceptional. His ability to speak of his personal motivators, emotional journey, physical impact and the practical implications of such an achievement resonated with everyone in the room, from new and occasional runners to seasoned marathon participants and triathletes.

### *- Melbourne Sports and Aquatic Centre*

“ Tristan was positive, inspirational and motivational. A fantastic story, showing what can be achieved with the right attitude, planning and delivery; thanks heaps Tristan for a fantastic evening!

### *- The Investors Club*

“ The Google New York office had the opportunity to hear Tristan Miller speak. In front of over 200 employees, Tristan entertained and captivated the crowd with stories of his RunLikeCrazy adventures to date. He did a fantastic job engaging with the audience, who were both inspired and impressed with Tristan's background and achievements. His presentation was of very high quality and received nothing but positive feedback from all who attended.

### *- Google TV Ads*

“ Tristan was approachable right from the time of booking through to answering questions from the audience on his departure. His experience had a room full of delegates and suppliers captivated and in awe of his achievements. After his speech a small gathering waited for him to have photos and ask further questions. He was professional and polite and we thoroughly enjoyed hosting him at our conference.

### *- CHU Underwriting Agencies Pty Ltd*

“ Tristan was 100% engaging, enthusiastic and inspiring! Everyone was raving about him the next day and making plans to take part in his Bull Run next year (including the people who are most definitely NOT runners!). People who weren’t able to attend were made well aware of what they missed out on. He spoke for just over an hour but it felt like 30 mins! And he even hung around for a chat afterwards! Tristan was the perfect speaker for our networking event.

- *Investec Bank*

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